

## Blackburn Adult Classes



# SEPTEMBER HIGHLIGHTS

★ Brand New Classes ★

To view all of our classes go to  
[www.sandersondance.co.uk](http://www.sandersondance.co.uk)

★  
Join a  
new class  
& try something  
different today!



**sanderson**  
a world of dance & fitness

**Brand New**



## Rhythms

A great introduction to Adult Partner Dance  
– all that you will ever need  
for your next cruise, holiday or wedding

Thursday 7.00 – 8.00pm

Starts 12th September

8 week course pay for 7 £42.00 - Please book

## Latin, Ballroom & Sequence Dance Class for Complete Beginners

Tuesday 7.30 – 8.30pm

Starts 10th September

8 week course pay for 7 £42.00 - Please book



## Wednesday Night Fitness

**6.15 – 7.00pm Kettlercise**

**7.00 – 7.45pm Clubbercise**

**7.45 – 8.30pm Fitness Pilates**

1 class - £4.50

2 classes - £7.00

3 classes - £10.00

No need to book

## Baggy T-Shirts

Friday 10.00 – 10.45am

£4.50 per class - No need to book

The above classes are just a **small selection** of what we offer.  
We have many more classes available for you to choose from.  
**Please visit our website to view our full timetable**

★ ★ ★ ★ [www.sandersondance.co.uk](http://www.sandersondance.co.uk) ★ ★ ★ ★